



# FAMILY TECH TALK *Virtual Edition*

Inspiring Digital Responsibility



## To Do Together: Family Internet **Safety Promise**

Your child is more likely to take ownership and abide by family Internet use rules if you work together to create expectations and boundaries. Use our suggestions as a place to start, and add your own expectations (as well as some consequences for breaking them). Once you've set the rules together, you can even formalize the rules by signing them together.

### **I agree to the rules about when, where, and how long I may use the Internet.**

- I will never give out my name, address, or telephone number or the name or location of my school. If someone asks me for this information, I will tell my parents, guardian, teacher, or other trusted adult.
- I will create secure usernames and passwords for my online accounts and share them only with my parents or guardian.
- I will not respond to any message that makes me feel uncomfortable or angry.
- I will tell my parents, guardian, or other trusted adult if a stranger online asks to meet me in person or in a private chat room online. I will not videochat with anyone who is not a known friend.
- I will turn off the display right away and tell my parents, guardian, or other trusted adult if I see something that scares me or makes me feel uncomfortable.
- I will treat other people online with respect.
- I will be a contributing part of my virtual classroom community by treating my classmates and teacher with respect, and letting my parents or teacher know about any mean or hurtful classroom behavior.
- If anybody is mean or hurtful to me or anyone else online, I will tell my parents, guardian, or other trusted adult.
- I will not click on pop-up ads or emails from people I don't know. I will not download anything from websites or app stores without permission.
- I will not post anything online until I have checked to make sure it does not contain writing that belongs to someone else or says anything harmful or hurtful to others or myself.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Child's signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian's signature \_\_\_\_\_ Date \_\_\_\_\_

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