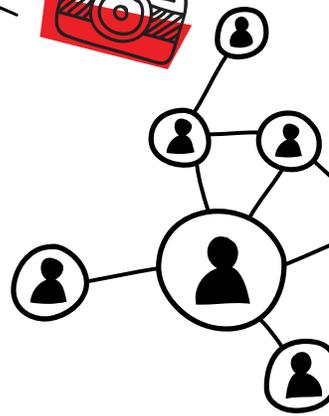
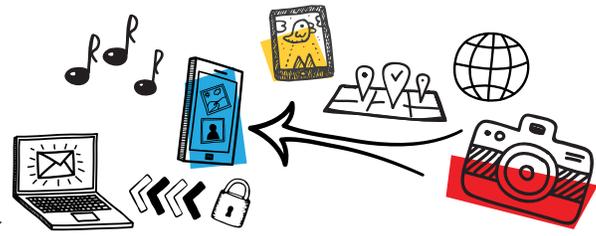


# FAMILY TECH TALK

## *Virtual Edition*

Inspiring Digital Responsibility



## To Do Together: Privacy and Balance Pledge

Your child is more likely to take ownership and abide by privacy and balance rules if you work together to create expectations and boundaries. Use our suggestions as a place to start, and add your own ideas. Once you've set the boundaries together, you can even formalize them by asking your child to sign this sheet.

- **I will protect** my own privacy by being careful with what I post and share, and by using privacy settings and strong passwords.
- **I will respect** other people's privacy and will not give out their personal information online without their permission.
- **I will take seriously** the time I am supposed to spend on schoolwork, either my remote learning assignments or homework. When I'm working, I'll close or minimize apps and tabs and won't text my friends.
- **I will never** post photos of someone without asking him first, or I will take down a photo of someone else if he is uncomfortable with it.
- **I will limit** the amount of time that I spend on the Internet and make sure I spend time in healthy and productive ways offline, too.
- **I will respect** the time I'm busy offline with activities or responsibilities by not checking my phone or other devices constantly.
- **I will respect** the time my friends are busy offline by not repeatedly pressuring them to engage with me online.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Child's signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian's signature \_\_\_\_\_ Date \_\_\_\_\_

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