

Carbon Footprint Survey

Some of our lifestyle choices and day-to-day activities emit excess carbon dioxide and other greenhouse gases into the atmosphere. The amount of greenhouse gases we produce is referred to as our “carbon footprint.” Too much carbon dioxide and other greenhouse gases in our atmosphere can lead to unnatural climate change, which can have a harmful effect on our planet.

Take this survey to get a sense of the size of your family’s carbon footprint. Answer each question and fill in the number of rings on the line. The more greenhouse gases you produce based on your answers, the bigger the carbon footprint grows.

Housing and Home Energy (RED)

- If you live in a single-family home, color 4 rings
- If you live in an apartment or other type of home, color 2 rings

- If you **do not** use energy-efficient light bulbs such as LED bulbs, color 1 ring
- If you **do** use energy-efficient light bulbs such as LED bulbs, color 0 rings

- If your home **does not** have a programmable thermostat, color 1 ring
- If your home **does** have a programmable thermostat, color 0 rings

Total red rings for housing and home energy: _____

Transportation (BLUE)

- For each small car used regularly by your family, color 1 ring
- For each medium or large car used regularly by your family, color 2 rings

- If you **do not** regularly change the air filter on your car and check the tire pressure, color 1 ring
- If you **do** regularly change the air filter on your car and check the tire pressure, color 0 rings

- For each one-way airplane flight you’ve taken in the past 12 months, color 1 ring

Total blue rings for transportation: _____

Personal Habits (GREEN)

- If you **are not** a vegetarian, color 2 rings
- If you **are** a vegetarian, color 1 ring

- If you **hardly ever** eat organic food, color 1 ring
- If you **usually** eat organic food, color 0 rings

- If you usually take baths, color 1 ring
- If you usually take showers, color 0 rings

- If you run the faucet while brushing teeth or washing dishes, color 1 ring
- If you turn off the faucet while brushing teeth or washing dishes, color 0 rings

- If you water your lawn several times a week, color 1 ring

Total green rings for personal habits: _____

Recycling and Waste (BROWN)

- If you **hardly ever** recycle your household trash, color 2 rings
- If you **usually** recycle your household trash, color 1 ring

- If you **hardly ever** compost your yard and kitchen waste, color 1 ring
- If you **usually** compost your yard and kitchen waste, color 0 rings

Total brown rings for recycling and waste: _____