

# February Family Connection Calendar

***Small moments. Big memories.***

Try one simple activity each day to connect as a family.

**February 1-14**



Share one "rose" (best part) and one "thorn" (hard part) from your day



Write a kind note and hide it for someone in your family to find



Cook or bake something together



Read a book aloud together



Take a family walk and notice 5 new things



Have a no-screens hour and play a game



Share one thing you appreciate about each other



Draw a picture of your family doing something you love



Do one act of kindness together



Ask: "What was the funniest part of your day?"



Create a family cheer or secret handshake



Write a thank-you note (teacher, coach, bus driver, or family member)



Share one thing that makes you feel loved



Family Hug Day